

Inclusive Pedals

Enabling everyone to cycle



‘Basic Bicycle Maintenance Class’ For workplaces and community events

Our basic maintenance classes last for around two hours and cover removing a wheel from a bicycle and how to repair a puncture in an inner tube, adjusting gears and brakes and how to carry out a general check on a bike.

Up to six participants can take part and we encourage them to bring their own bike to work on.

We always carry a range of common spares such as cables and brake blocks which we will replace if needed on participants bikes.

The classes need to take place indoors so we bring floor protection.

Our mechanics are City & Guilds trained bicycle mechanics.



Class for six participants which takes place indoors.

We bring:

- Two mechanics
- Full tool kit
- Workstands
- Spares
- Wheels/inner tubes/tyres to practice puncture repair
- Floor protection

Cost of class:

£300.00 within 20 mile radius of Chesterfield, Derbyshire.

Extra distance and if room hire costs needed will be added.



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